



CONTACT

✉ hello@emilysadowski.com

📷 [@dr.emilysadowski](https://www.instagram.com/dr.emilysadowski)

🌐 www.emilysadowski.com

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About the book:

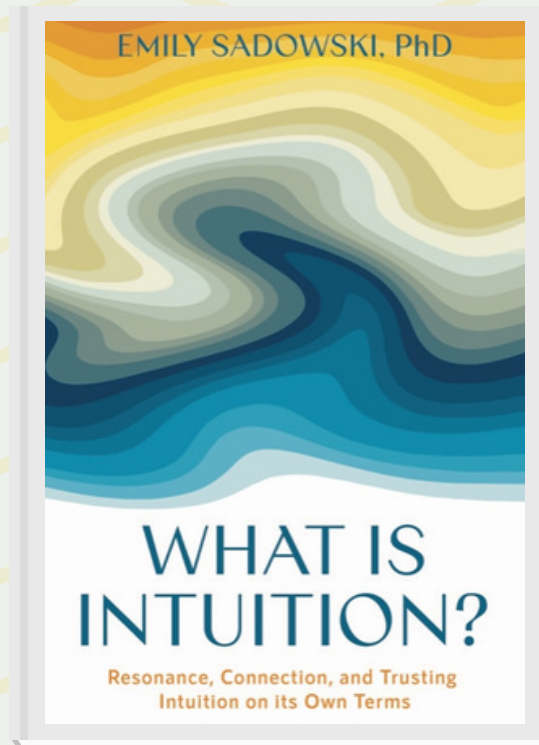
What is Intuition? is an insightful inquiry into big ideas: consciousness, self-awareness, leadership, trust, authentic knowledge, and connection. Through a paradigm for making sense of our place in the multi-dimensional vibro-sphere, it offers up insight into how -and why- to develop a trustworthy relationship to intuitive experience.

"the best and most thorough and approachable book about intuition you'll ever read"

~Jamie Jensen, award-winning writer, brand storyteller, and coach

What is Intuition?

Resonance, Connection, & Trusting Intuition on its own Terms



SUGGESTED INTERVIEW TOPICS:

- Cultivating intuition in an age of anxiety
- How to tell the difference between fear and intuition
- Nurturing Intuition at any age
- Why you might be overlooking your Intuition
- What academia taught me about intuition
- What people get wrong about intuition

AUTHOR

Emily Sadowski, PhD (she/they) writes, teaches, and coaches smart, sensitive leaders to cultivate self-awareness and self-compassion, so they can connect with their inner genius & trust their inner knowing.

Like your most woo professor but your least woo self-development mentor, she is obsessed with leadership and the transformative inner work that leads people & cultures to change.